

I believe that I had plans to go to particular locations to try my hand at EVP recording, places with some historical significance. Unfortunately, I was a bit impatient and I decided that I should start practicing right away, so I began doing recording sessions right in my own home. On some level, I was probably expecting not to capture anything on my recordings, but I was very interested in this topic at the time and I wanted to keep going with it. So, I kept doing sessions on a regular basis during the first couple of weeks of January 2015 however, when I went back to listen to my recordings I wasn't hearing anything or at least nothing that I would consider paranormal in any way.

That all changed on the afternoon of January 17, 2015. I was at home that afternoon...it was a bright and sunny day and I think there was snow on the ground if I remember correctly. I decided to do a recording session right there in the middle of the afternoon. I got my voice recorder and I remember I asked three specific questions. As soon as I was done the session I went back and listened and I was utterly shocked to find that I had captured a voice (or a few voices on this recording ....but listening to it the first time... one voice really jumped out at me) that was replying to one of the questions that I asked. I listened to the recording again and there it was, there was a voice there answering me. This wasn't some random word or phrase, this was an intelligent reply to my exact question. I listened to the recording a bit closer and I heard a few other voices as well. This changed everything for me. This was an "OMG this stuff is real!" moment.

From then on I was hooked. My level of fascination with all of this went through the roof. In the days that followed, I kept recording and I was beginning to capture more voices. Within a single, week my whole experience with this changed to such a degree that it's hard to describe. I went from hearing nothing to hearing a lot of voices...multiple voices. It soon reached a point where I was hearing voices on every recording session that I did. It was as if some veil was lifted and now my recordings were alive with voices. It was as if I was hearing into another world.

Well the sense of fascination kept going to my head more and more so I kept on recording. For weeks I was recording practically every night, some nights it was for hours. Not only was I capturing these voices on recording, but I also quickly discovered that I could communicate with them quite easily.

Initially the experience seemed like a positive one, and most certainly a very fascinating one. In the beginning, the voices seemed quite friendly and they seemed very interested in communicating with me. However, after a few weeks (now until February 2015) a different element arrived on the scene. These voices were not quite as outwardly friendly. They seemed very different from the initial voices that I had been hearing. These voices seemed to be trying to get a reaction out of me. I would hear them making insults towards me or critical statements, or sometimes even threats. One time I heard a voice tell me that they were taking over my house. This started off slight, so at first I didn't know what to make of it. I was troubled by it, but there were still plenty of friendlier voices that I was hearing on my recordings, so I tried to just ignore the not-so -friendly ones and keep going. However, as each day passed it seemed like it

was becoming more difficult to ignore these heckler voices, because their presence was growing.

As it got closer to the end of February, when I went back to listen to my recordings, it seemed like they were now being dominated by these negative heckler voices. Then one afternoon while I was at work, something very disturbing and unexpected happened. Right there in the place where I work, in the middle of the afternoon, all of a sudden I started hearing the same heckler voices coming in through the sound of a ceiling fan. I know this sounds strange, but I recognized these voices right away as being the same voices. I literally just heard them the previous night on my recordings. Now here they were speaking to me in real time. I was hearing them in real time.

The steady background noise of the fan seemed to act as a kind of amplifier for them and their voices sounded quite loud and menacing.

This incident was quite disturbing to say the least and I didn't know what the hell to make of it. A few days went by and I had a few more incidents like this where I was hearing these negative heckler voices outside of the recordings. It was then that I really started to get the feeling that something was very wrong here and I decided to give up EVP recording completely. I did one last session where I said goodbye to any of the friendlier voices that were still present and explained to them that this other group were following me around beyond the recording sessions and they were starting to cause me a lot of problems. So I stopped recording in the hopes that this would put an abrupt end to this. To my horror, it did not put an end to it at all, in fact things were about to get much worse.

I won't rehash the whole story of what happened next here because I've done that quite a lot in my previous blog posts, but basically for a few weeks things seemed to escalate continuously. I was having more and more incidents of hearing these intruding negative voices and I also began to experience disturbing physical sensations. Not only could I hear these entities outside of the recordings now, but I could also feel them at times... I could feel them on my body ...they could touch me to a degree, and often it seemed like they were doing this to try and instill panic in me or to deprive me of sleep.

For example, I would be lying in bed at night and all of a sudden I would feel what felt like a finger coming up through the mattress and jabbing me in the lower back. I would jump out of bed in frustration sometimes.... cursing out loud. I would get back in the bed praying that it would stop this time and it would start right back up. By April 2015, things reached a very nightmarish level. At that point, I was no longer having incidents of hearing these voices, I began hearing them all of the time. Whatever barrier that was left between me and full access inside of my perception range they broke through completely and attacked full force. For the next few months I experienced a horrific onslaught of voices....a voices blitzkrieg as I often describe it. These voices tormented the hell out of me day and night without mercy. They were always there it seemed ....like they never needed to rest. They just kept going with their bombardment. My mind became a mess, my sleep routine became a mess, my life in general became a mess and I was hanging on to my sanity by a thread.

Fortunately I managed to make it through those dark days of the spring and summer of 2015 and towards the end of the year I had come into contact with other individuals who also experienced the same thing, some after they had been doing EVP recording as well, others after they had been doing some other method of spirit communication. I was fortunate enough to connect with these individuals who had already gone through these dark experiences and they shared a lot of their insight with me and shared with me the things that they had done that helped them get through it. It wasn't overnight, but eventually I was able to reach a point where things were starting to get better for me instead of just continually getting worse. That's how it felt in the spring and summer of 2015, things just kept getting worse and worse and I could see no end of it on the horizon. I was beginning to lose hope. But luckily, I managed to hold on and with a lot of strength and with the help from these other individuals, I began to get back on my feet. As I said, I'm still dealing with this situation to a degree today. I'm hearing one remaining voice, one remaining entity from that original gang that was oppressing me back in 2015.

In fact, it's a voice that I first heard on my EVP recordings in 2015. However, the situation is much better now than it was back then. I've gotten a much better handle over my emotions and my reaction to the situation. I'm no longer disturbed by anything I hear from this voice. I've been through so many of their mind games that I see through it now and it doesn't affect me like it once did. The degree of power that they once held over me is gone. Yes, it's still an intrusive disturbance in my life, but it could have been a lot worse. I'm lucky that I managed to get through the worst of it and things began improving for me and I continue to grow stronger in dealing with this over time.

Anyway, I know that I am going off in different directions here and that this was just a very brief rundown of how my own situation began. There's so much more I could tell. But I just wanted to get back to this discussion forum post that I saw today where an individual believed that they had captured an EVP on recording after they had been recording themselves sleeping. As I said, I can understand that they want to investigate sleep issues that they were experiencing.

In this case, they believed that they were talking in their sleep a lot. But I also know that unfortunately this kind of scenario can pull a person into engaging in communication or put them into contact with the same kind of attaching entities that attacked me in 2015.

As I mentioned, the reason why I started recording was different from this in that it was very intentional....I was seeking to capture EVPs, but I've seen an account that mirrors my own in many ways, the difference being that it was from an individual who started to hear the voices after they had been recording themselves sleeping. Like this individual from the web discussion, they did not seek out to record paranormal voices intentionally. They were also investigating some sleep disturbances that they had been experiencing. So they were very surprised when they discovered voices on the recordings, unexplained voices and they kept listening. I'm not sure of all the details of what happened between, but at some point before too long they started hearing the same kind of menacing and tormenting voices and also experiencing physical attacks as well. I have no doubt whatsoever that it's the same phenomenon... the same kind of oppression situation that I experienced in 2015

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- B. E.